**附件一：**

**医护人员基础生命支持(BLS)课程表**

**24学员, 4 BLS 导师,学员-导师比6:1,学员模型比3:1**

**课程总时长: 4½ 小时**

**时间：12：30pm—17：30pm**

**地点:深圳市儿童医院B栋负三楼医学技能培训部**

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| 12:30-13:00 | **Sign in 签到** |  |
| 13:00-13:05 | **Lesson 1: Course Introduction课程介绍** | **导师一** |
| 13:05-13:48 | **Lesson 2: 1-Rescuer Adult BLS单人施救者成人BLS** |
| 13:48-14:20 | **Lesson 3: AED and Bag-Mask Device AED和球囊面罩装置** |
| 14:20-14:37 | **Lesson 4: 2-Rescuer Adult BLS双人施救者成人BLS** | **导师二** |
| 14:37-14:50 | **Lesson 5: Team Dynamics团队调动** |
| 14:50-15:10 | **Lesson 6: High-Performance Teams Activity高效团队活动** |
| 15:10-15:20 | **Break休息** |  |
| 15:20-15:40 | **Lesson 7: Child BLS儿童BLS** | **导师三** |
| 15:40-15:55 | **Lesson 8: Infant BLS婴儿BLS** |
| 15:55-16:03 | **Lesson 9: Special Considerations特殊考虑** | **导师四** |
| 16:03-16:05 | **Lesson 10: Adult and Child Choking成人和儿童窒息** |
| 16:05-16:09 | **Lesson 11: Infant Choking婴儿窒息** |
| 16:09-16:15 | **Lesson 12: Conclusion总结** | **导师一** |
| 16:15-16:20 | **Group photo 合影** | **所有人** |
| 16:20-16:40 | **Lesson 13: Adult CPR and AED Skills Test****成人CPR和AED技能测试** | **导师一/****导师二** |
| 16:40-17:00 | **Lesson 14: Infant CPR Skills Test****婴儿CPR技能测试** | **导师三/导师四** |
| 17:00-17:25 | **Lesson 15: Exam笔试** | **所有导师** |
| 17:25-17:35 | **Lesson 16: Remediation补考** | **所有导师** |

深圳市儿童医院AHA培训中心